

Hannah Nolte, PhD, RN, PMHNP-BC
Curriculum Vitae

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EDUCATION

<u>Institution and Location</u>	<u>Date</u>	<u>Degree</u>
Vanderbilt University School of Nursing Nashville, TN	2023	PhD in Nursing Science
Vanderbilt University School of Nursing Nashville, TN	2017	Master of Science in Nursing Psychiatric-Mental Health Nurse Practitioner
Vanderbilt University Nashville, TN	2015	Bachelor of Arts Major in Psychology

Dissertation Title

Women's Responses to a Mindfulness-Based Body Scan

EMPLOYMENT

<u>Institution and Location</u>	<u>Title/Position</u>	<u>Dates</u>
University of Alabama Huntsville Huntsville, AL	Clinical Assistant Professor	2024-present
Light on Yoga Fitness Huntsville, AL	Yoga Teacher	2024
Empowered Heart Integrative Mental Health Care Nashville, TN	Psychiatric Nurse Practitioner	2022-present
University of Alabama Huntsville Huntsville, AL	Clinical Instructor	2021
TMS Huntsville Huntsville, AL	Psychiatric Nurse Practitioner	2020-2022
Tennessee Valley Life Center Huntsville, AL	Psychiatric Nurse Practitioner	2019-2020
Saint Thomas Medical Partners	Psychiatric Nurse Practitioner	2017-2019

Updated 4/3/2025

Nashville, TN

PUBLICATIONS

Crenshaw, J, Adams, E, Gilder, R, **Nolte, H.** (2021). Development of an Instrument to Measure Health Professionals' Beliefs About Skin-to-Skin Care During a Cesarean. Maternal and Child Nutrition.

PRESENTATIONS

Nolte H. Women's Experience of Body Awareness. (August 2020). Oral Presentation, Neurocardiology Grand Rounds, Vanderbilt University, Nashville, TN.

Nolte H, Dambrino K, Arbegust A. Self-Care Behavior Interventions in an Addiction Recovery Population. (July 2016). Poster Presentation, Tennessee Public Health Association, 2016 Annual Conference, Murfreesboro, TN.

RESEARCH EXPERIENCE

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| 2023 | PhD Dissertation "Women's Responses to a Mindfulness-Based Body Scan" <ul style="list-style-type: none">• PI for single-group, pre-post study that quantitatively examined changes in affect and anxiety, and qualitatively explored women's experiences following a mindfulness-based body scan intervention among women with trauma and PTSD.• Currently preparing first-author manuscripts for publication in peer-reviewed journals. |
| 2020 | University of Alabama Huntsville in collaboration with Texas Tech University College of Nursing and Baylor Medical Center <ul style="list-style-type: none">• Research assistant for study of skin-to-skin care implementation in the operating room after cesarean sections.• Analyzed qualitative data independently and synthesized findings in collaboration with research team.• Attended research team meetings. |
| 2013-2014 | Vanderbilt University Medical Center <ul style="list-style-type: none">• Research assistant supervised by Carrie Greuter, PhD• Conducted literature review and wet lab analysis in neuroscience laboratory.• Conducted PCR, qPCR, mRNA extraction, and collection of tissue samples. |

HONORS AND AWARDS

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| 2018-2023 | Centennial Fellowship, Vanderbilt University School of Nursing |
| 2018-2023 | School of Nursing Tuition Scholarship, Vanderbilt University School of Nursing |
| 2016 | Julia Hereford Scholar, Julia Hereford Society of Vanderbilt School of Nursing
Awarded based on faculty/alumni committee recommendation and 4.0 GPA |

- 2016 Vanderbilt University School of Nursing Presentation Scholarship
Funding to present poster at 2016 Tennessee Public Health Association Conference
- 2011-2015 Dean's List, Vanderbilt University

GRANTS

Awarded Grants

- 2022-2023 **Nolte H** (PI), Rhoten B, Dietrich M. Women's Responses to a Mindfulness-Based Body Scan, Student Achievement Research Award, Vanderbilt University School of Nursing, \$2,710.
- 2022-2023 **Nolte H** (PI), Rhoten B, Dietrich M, Lutenbacher M. Women's Responses to a Mindfulness-Based Body Scan, Vanderbilt CTSA, NIH/NCATS, \$2,000. (UL1 TR002243)
- 2020 **Nolte H** (PI), Lutenbacher M, Rhoten B. Women's Responses to a Mindfulness-Based Body Scan: A Pilot Study, Design studio, Vanderbilt CTSA, NIH/NCATS, \$500. (UL1 TR002243)

SERVICE

- 2023-present Clinical Preceptor of Psychiatric Mental Health Nurse Practitioner student, Vanderbilt University
- 2022 Clinical Preceptor of Psychiatric Mental Health Nurse Practitioner student, University of Alabama Birmingham
- 2020-present Board Member, Vanderbilt University School of Nursing Alumni Board
- 2020-2023 PhD Curriculum Sub-Committee student board member, Vanderbilt University School of Nursing
- 2019-2023 Board Member, North Alabama Coalition for the Homeless
- 2018 Clinical Preceptor of Psychiatric Mental Health Nurse Practitioner student, University of Tennessee
- 2007-2015 Darien Emergency Medical Services, Darien, CT
- Volunteered as Emergency Medical Technician-B and ambulance driver.
 - Served on officer board with responsibilities including bylaw review, new member approval, member promotion, and disciplinary action.
 - Taught CPR as an American Heart Association Certified Baseline Life Support Instructor.

LICENSURE AND CERTIFICATIONS

2019-2025	Registered Nurse-State of Alabama/Multistate, License #1-176367
2017-2027	Advanced Practice Registered Nurse, State of Tennessee, License #23200
2017-2027	Psychiatric Nurse Practitioner, American Nurse Credentialing Center, Certification #2017018111
2016-2021	Registered Nurse-State of Tennessee, License #217543

SKILLS AND TRAININGS

2023	200-Hour Certified Kripalu Yoga Teacher (Yoga Alliance Approved)
2022	Transcranial Magnetic Stimulation (TMS) PULSES course, Clinical TMS Society
2020	Scientist as Educator – Independent Study Course <ul style="list-style-type: none"> Designed course to prepare doctoral and postdoctoral students for the academic educator role. Created objectives, modules, and assessments for the course.
2019	Addressing Adverse Childhood Experiences/Trauma Across Healthcare Settings, American Psychiatric Nurses Association Tennessee chapter conference
2018	Posttraumatic Stress and Related Disorders: the latest from neurobiology to treatment, Harvard Medical School conference
2019	Building Resilience through Cognitive Reappraisal and Lifestyle Modification, McLean Hospital course
2017	Yoga for Trauma and Resiliency-Level 1, Sacred Roots Wellness, approved by Yoga Alliance Continuing Education Provider (YACEP)
2017	Mindfulness Based Stress Reduction, Osher Center for Integrative Medicine at Vanderbilt University Medical Center